

# BOLOGNA

WOPPIES

PRESENTED BY THE PEER MENTORSHIP PROGRAM

Cohort 2024

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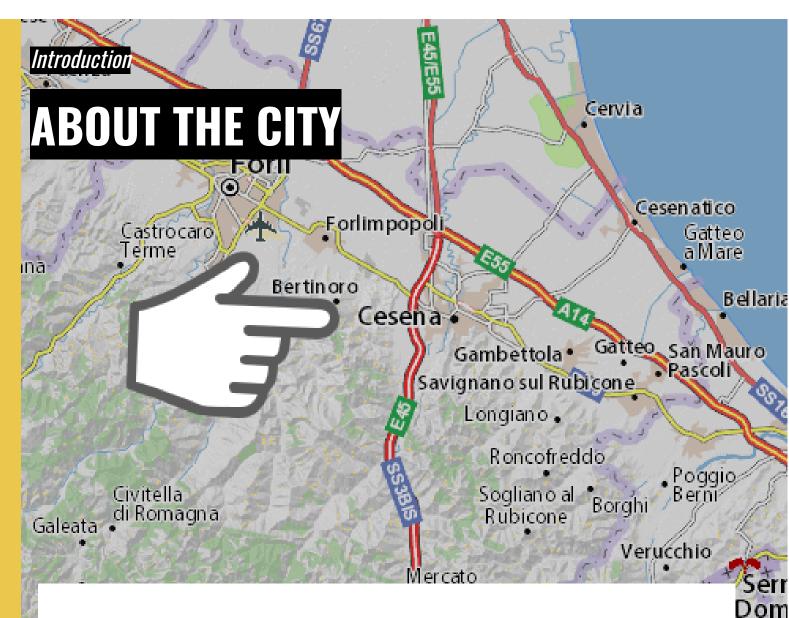
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The University of Bologna was founded in 1088 and is considered to be the oldest university in Western Europe. Nowadays, it still remains one of the most important institutions of higher education across Europe with almost 100.000 enrolled students, 11 schools, and 3000 academics. Some of the activities have been decentralized in four campuses in the southern part of the region (Cesena, Forlì, Ravenna, and Rimini).

The Department of Psychology is located both in Bologna and in Cesena, a small and comfortable town located 90 km from Bologna. Cesena is at a very short distance both from the Adriatic Coast of Romagna (Riviera Romagnola) as well as hills and low mountains. Thus, there are a lot of opportunities for outdoor recreation. Cesena is also very close to Rimini and Ravenna, historical cities full of cultural and entertainment events.

# Introduction **ABOUT THE CLIMATE**





In Cesena, the summers are warm, humid, and mostly clear and the winters are very cold and partly cloudy. Over the course of the year, the temperature typically varies from 32°F/0°C to 85°F/29°C and is rarely below 24°F/-4°C or above 92°F/33°C.

The hot season lasts for 3.2 months, from June 6 to September 13, with an average daily high temperature above 77°F/25°C. The hottest month of the year in Cesena is July, with an average high of 84°F/28°C and a low of 64°F/18°C.



The cold season lasts for 3.4 months, from November 21 to March 3, with an average daily high temperature below 52°F/11°C. The coldest month of the year in Cesena is January, with an average low of 32°F/0°C and a high of 45°F/7°C.



By the time you arrive in Cesena (mid or end of September) during the transition season, it'll be pleasant weather. But, don't forget to gear up for winters!



#### Introduction

train station)

# **ABOUT THE UNIVERSITY**

The University of Bologna (Italian:Alma Mater Studiorum -Università di Bologna), is a research university in Bologna, Italy. Founded in 1088 by an organized guild of students (hence studiorum), it is the oldest university in continuous operation in the world, and the first university in the sense of a higher-learning and degree-awarding institute. Your faculty of Psychology is located here:

**PIAZZA ALDO MORO, 90, 47521 CESENA FC** (To reach the campus, you can walk or cycling as it is nearby to the





### **PREPARING FOR ITALY**

What do I need to bring?



In terms of clothing, look at our information about the local climate. Keep in mind that Europe has 4 seasons. You'll be arriving on the brink of winter, so pack warm. In terms of documents, you need to prepare:

- ID/ passport
- Original educational documents
- DOV for those required (ensure its legalization is completed)
- AON insurance card
- European adaptor plug
- Specific medicine you rely on from home

### **ARRIVING TO CESENA**

Cesena doesn't have an airport, so it is recommended to arrive in Bologna.

- Feasible option (around €8- €16): From BLQ, you can take the Marconi Express from inside the airport to take you to Bologna Centrale Train Station. Get a ticket to Cesena, and you'll be good to go. You can also book it in advance from Trenitalia website (government train provider in Italy)
- Expensive option (around €200-€300): Taxi, you can pay card or cash in the taxis that are standing outside of the airport. Time duration: 1 hour 7 minutes.
- Once arriving at Cesena station, your accommodation might be located a bit further.
  You can also book a taxi from the station (the counter is located in front of the station, opposite the bus station) or call +39 0547 610710 (it is the same provider).



# LEARNING ITALIAN

#### Do I need to learn Italian to get around?

Cesena is a very small city and it'll be hard to come across locals who can speak English. It is advised you get well-versed with basic words/sentences in case you need assistance.

#### Does the university provide Italian courses?

Yes, and from 2023 it has become an obligatory course for us, so we need to complete A1 level before graduating. You will be guided to register through Studenti Online platform. It is recommended to complete it during the first or second semester (during mobility period).

#### Where can I find additional Italian courses?

With the WOPP program it is difficult to enroll in additional Italian courses because they usually start while we are still in the lecture. However, every year the language schools have new programs so the best way is to Google it :)

#### Are there possibilities to improve my Italian in my freetime?

Your courses are taught in English and you'll also be studying with people who know English, so you need to create an environment to practice. For instance

- find apartments find Italian natives to keep practicing every day
- use language learning apps (e.g. Duolingo)

### **PUBLIC TRANSPORTATION**

#### How can I get around in the city?

- Bus routes
- Walking (since everything is relatively close by)
- Bikes

#### How can I get to the cities nearby (Bologna, Rimini, Forli, etc.?)

- Local train (you can also download Trenitalia app)



If you are a Non-European, your driving license is not valid until you exchange it for an international driving license. Check this link for more Info: https://administracion.gob.es/pag\_Home/en/Tu-espacio-europeo/derechos-obligaciones/ciudadan os/vehiculos/permiso-conduccion/validez-canje-reconocimiento.html#-994998624364



# HOW TO GET ACCOMMODATION?

#### There are several options you can check below:

• Unibo Dormitory

Contact: Alessandra Severi, alessandra.severi@unibo.it

• Servizi comune di Cesena

https://servizi.comune.cesena.fc.it/applicazioniweb/bacheca\_informagiovani/

- Facebook Group: Affitti camere studenti Cesena https://www.facebook.com/groups/529955370457721/
- Facebook Group: AFFITTI FORLI'- CESENA Cerco/Offro AFFITTO x Casa/Camera/Stanza

https://www.facebook.com/groups/AFFITTI.FORLI.CESENA/

- Facebook Group: Affittasi Offro/Cerco Stanza CESENA [new group] https://www.facebook.com/groups/1414998715473417/
- Affitti Studenti it <u>https://www.affitti-studenti.it</u>
- Idealista <u>https://www.idealista.it/en/</u>
- Casa da Privato <u>https://www.casadaprivato.it/</u>
- Instagram Page: Spotted Psicologia : Cesena spotted\_psicologia\_cesena
- Instagram Page: Spotted Unibo Cesena spotted\_cesena\_unibo

### FINDING ACCOMMODATION

#### What is important to consider?

Do not just transfer money, but instead ask for all important information beforehand!

Is the apartment fully furnished?

What's included in the rental price ?

Is there a heater in the apartment? An AirCon?

How much are additional expenses (e.g. electricity) expected to be? Is there an agency fee?

How much is the deposit?

Do not only contact via messenger and english, but instead contact via whatsapp, call and in Italian!

Landlords usually do not check the incoming messages (e.g. idealista) regularly, and only a few speak english. Increase your chances by calling or texting directly and using google translate for communication

#### Avoid Scam!

Ask all important questions beforehand. Ask for contact information from current tenants. Do a video call in the apartment

### CULTURE

#### What is the local food culture like?

You will find local supermarkets to help with your day-to-day groceries like Coop, Conad,

Sigma, and Carrefour.

You'll find good pizza, piadina, and pasta places to get acquainted with exquisite Italian food!

#### Try Aperitivo!

An aperitivo is a pre-meal drink; the experience of aperitivo is a cultural ritual. Derived from the Latin aperire, the tradition is meant "to open" the stomach before dining. Accordingly, for centuries Italians have said cheers – cin cin – over drinks and appetizers in the early evening hours between work and dinner.

Check our recommendation: Nero Sublime (Corte Dandini, 18, 47521 Cesena FC, Italy)

#### How can I keep up to date with cultural events?

In Cesena, we usually have a WhatsApp group with all the Erasmus students, events often being organized on a weekly basis. The joining link will be shared accordingly.

ESN is one of the biggest student organizations meant for internationals, but they are located only in Bologna.. You can follow them on Instagram at esn\_bologna. It is a great way to meet other international students as well. Their official website is https://www.esnbologna.org/

### LIVING COST

#### How can I cut costs while in Cesena?

- Check market day in **Piazza del Popolo** Every Wednesday and Saturday from 7:00 up to 13:00
- Buy secondhand clothes and furniture. You can check below: Mercatino Franchising Usato Cesena Via Romagna, 127, 47521 Cesena FC, Italy
- Check out below stores for kitchen appliances and other miscellaneous: Mondo Infinity
   Via Cervese, 365, 47521 Cesena FC, Italy

#### **Eco Mercatone**

Via Giordano Bruno, 84, 47521 Cesena FC, Italy

Consider shopping for clothes and other needs in the nearest city:
 **Romagna Shopping Valley** - You can go by bus from Rimini to this location.
 Piazza Cristoforo Colombo, 3, 47039 Savignano sul Rubicone FC, Italy

**Rimini city center** - You can go by train to Rimini. They also have market day Rimini Wednesday and Saturday from 7:00 up to 13:00

**Forli Market day** - You can go by train to Forli for a market day on Monday to Friday from 7:00 up to 13:00

### WHERE TO GO IN CESENA?

#### Where can I study?

There are some study spaces we can recommend, such as:

• Biblioteca Malestiana

Piazza Maurizio Bufalini, N°1, 47521 Cesena FC, Italy

- **Ex Macello Study Room** https://www.unibo.it/en/campus-cesena/campus-services/study-rooms-cesena
- La Cantera Cafe Piazza Mario Guidazzi, 5, 47521 Cesena FC, Italy
- **Re Di Pane Bakery** Corte Dandini, 5, 47023 Cesena FC, Italy
- Library or Cafetaria of Cesena Main Campus Via Salvatore Quasimodo, 431

#### Where to hang out?

There are some cool places you can check below:

- **Ristorante Pizzeria La Stalla (For Italian food)** Via Canonico Lugaresi, 81, 47521 Cesena FC, Italy
- **Babbi Cafe (For Gelato & Apperitivo)** Corso Giuseppe Mazzini, N°3, 47521 Cesena FC, Italy
- **Teatro Verdi (For party)** Via Luigi Sostegni, 13, 47521 Cesena FC, Italy
- Sakura Restaurante (For affordable Asian food) Sobborgo Eugenio Valzania, 54, 47023 Cesena FC, Italy

# TRAVEL

Do I have time to travel around? Is it allowed by our program?

longer trips/ long distance--> only in vacation - use cheap airline (RyanAir, Eurowings, Vuelings) or train (apps: Omnio or Renfe)

To be completely honest with you, not really. The first semester of the program is very demanding and you could use the weekends to travel if you have finished your assignments on time. Be aware that even if the schedule has indicated online or "self-study classes" you still have to be in Cesena as per the university contract. If you wish to skip class you need to ask the coordinators for permission beforehand, those are usually awarded if you need to travel for medical reasons or serious private reasons. If you want to make a longer trip you can do them during Vacation.

#### How to travel around Europe ?

If you'd like to travel with other people, you could book a day trip or a longer trip with the student organizations that are mentioned in the previous sections. However, if you'd like to organize your own travel you can use cheap airlines such as (RyanAir, Eurowings, Vuelings) or train (apps: Omnio or Renfe). If you have acquired the ESN membership card, not only will you have the trips organized by the organization discounted, but also, it gives you a discount for RyanAir and Flixbus (An international Bus company with cheap trips). For your summer, there is a possibility to buy a train ticket that allows you to travel with an indefinite amount of trains all over Europe called Interrail.

To look for accommodation check out websites such as Booking.com or Airbnb, and if you don't mind sleeping in hostels look into hostels worldwide for good hostels at good price points. So if you plan your travel, you can use trains, buses, and airplanes to change countries. Look for the best-suited option :)

### **MEDICAL ASSISTANCE**

How do we reach doctors in Cesena?

Answer

For medical assistance in Bologna:

<u>https://www.unibo.it/en/study/life-at-university-and-in-the-city/health-and-assistance/health-and-medical-assist</u> <u>ance-in-bologna-cesena-forli-ravenna-e-rimini/healthcare-and-medical-treatment-in-bologna</u>

What do we do if we have medical emergencies?

Call 118 for Ambulance.

From AON Insurance: In case of an emergency, such as an accident, hospitalization, medical evacuation or repatriation, you must contact Aon Assistance as soon as reasonably possible. Aon Assistance (24/7 available) +31 10 44 88 260.

Besides that, please keep our program coordinator and administrator informed about it; contact Prof. Rita Chiesa & Sergio Sangorgi Supplementing this FAQ booklet, you will be provided with a Google Drive to assist you with the processes you'll have to get done with, especially if you're a non-EU citizen.

We hope you have a great time. Your mentors are here to help you!

